Lighthouse Massage - *Fee Schedule, Clinic Policy and Waiver*

Lori Burton, LMT, BCTMB
425 2nd Ave SW, Suite 101D Albany, OR 97322 Phone: 541-730-2507

Lori Burton, LMT, BCTMB - Owner, Lighthouse Massage and Founder, Burton BodiWerks. By Appointment Only.
www.LighthouseMassage.org **lori@lighthousemassage.org**
OBMT #15561, BCTMB #544143-07, NPI #1255721437

Fee Schedule

Service	**Session time in minutes, hours**						
	15min	30min	60min	90min	**2hours**	**2.5hours**	**3hours**
New Client Consultation, Photo ID required	$35 Client Intake & Treatment Plan. Normally incorporated into 1st Session. Extra charge if scheduled separately.						
Track 1. Therapeutic Massage For Insured and Non-insured. Recommended for Chronic Pain and Injury Rehab. Includes: Assessment/Treatment Plan, Deep Tissue, Trigger Point release, Myofascial release, AIS stretching, Therapeutic Cupping and Gua Sha. Orthopedic/Therapeutic style.	$45	$80	$148	$188	**$296**	**$320**	**$444**
Track 2. Medical Massage Therapy. Doctor Referred. Prescription from a Primary Care Provider required.	$45	$80	$148	$188	**$296**	**$320**	**$444**
Track 3. For those on a budget. Basic Massage. Includes: Swedish and Chair. Recommend at least 1 hour per Session for most Clients. Home visits incur an additional travel fee.		$45	$70	$100	**$140**	**$180**	**$215**
Track 4. Personal Training/Coaching in Pain Relief Now! Consists of 4 personalized sessions 30-45min each week for 4 weeks. Great for Sports, Repetitive Injury, Chronic Pain, Injury Rehab and Prevention. Need: Client Intake/Outcomes/Fee, Policy, Waiver forms. Includes: Myofascial complex instruction, Training in Active Isolated Stretch (AIS) techniques, Trigger Point Relief techniques and use of Topical ointments for pain and inflammation relief.							**$180**
Pain Relief Now! Group Class/Workshops: * May also be offered through a business or other public entity. Price may vary due to sponsorship, venue, or number of participants.			*	*$45 per participant suggested	*	*	*
Public Speaking Engagement: Keynote Address, Professional Seminar. Price varies. By quote. **Special Events:** Chair/Table Massage for Performing Artists, Athletes, Corporate Event. Price Varies. By quote.							

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About Lori Burton and Lighthouse Massage/Burton BodiWerks:

☆Developer of "Pain Relief Now!" workshop and instruction since 2012. "Pain Relief Now!" is a multi-disciplinary approach to pain relief that uses Active Isolated Stretch (AIS,) Trigger Point identification and release, use of topicals and other tools. It is designed to educate and help the practitioner overcome postural deviations and chronic pain problems which stem from musculoskeletal dysfunction and overuse/underuse syndromes at work and play.

☆Licensed Massage Therapist

☆Board Certified in Therapeutic Massage and Bodywork

☆10+ years experience.

☆Lighthouse Massage Therapy is an integration of Eastern and Western styles, along with Orthopedic and Medical Massage. Lighthouse Massage is a subsidiary of Burton BodiWerks and is owned by Lori Burton since 2009. Burton BodiWerks currently provides the personal training/coaching for the "Pain Relief Now!" techniques; along with Public and Corporate group "Pain Relief Now!" classes, workshops and special event staff as well as speaking engagements.

Forms List

1. Fee Schedule, Clinic Policy, and Waiver: Read, print and sign page 3: One document.
2. Client Intake non-insurance: Print and fill out: One document.
3. Insurance Intake (if Medical/Therapeutic/Insurance Massage): Print and fill out: One document.
4. Physician's Referral and Prescription, for insurance billing (if you need one): Print and give to Doctor: One document.
5. HIPAA Agreement. Read, print page 2 and sign: One document.
6. Outcomes Form - optional/if relevant. (Print and fill out for Therapeutic/Medical Massage/Training): One document.
7. Neck Disability form – optional/if relevant. (Print and fill out for Therapeutic/Medical Massage): One document.

Clinic Policy

Dear Client, please read everything, sign and date. Thank you!

1. **For your first appointment**, Please bring your photo ID, fill out the client or insurance intake form and medical history in full, sign and date where indicated. Complete information is needed for your safety and benefit. Records are private per HIPAA regulations. Please also read the Fee Schedule, Clinic Policy and Waiver & sign, Bring your Physician's Referral and Prescription if this will be for insurance billing, along with your insurance information.

2. **Please be on time**. Everyone's time is important. 24 hours' notice is required to change appointment time, unless you are having an emergency. Missed appointments may be charged at full rate. If you are late for your appointment, we will still have to end the session at the allotted time.

If you need more time during your session, please understand that I will do my best to add more time if the schedule allows, and that you are agreeing to pay me for the extra time. We will discuss it at that time before proceeding.

3. **Contagious diseases/conditions**. If you are ill with a contagious airborne or contact disease, your session will not be scheduled until your condition has been resolved. This precaution is necessary to protect everyone from infection. This includes upper respiratory infections, colds, coughs, flu, fever, and any type of infectious skin/nail/hair condition, including fungal infections.

4. **Massage Therapy Sessions** are designed for your maximum comfort and to get the best therapeutic results. If we are using oils/lotions for Massage, you will be undressed to the level of your comfort, and professionally draped at all times. We will communicate as needed to follow the best course during each session. We use only the highest quality natural and organic oils, lotions, and topicals for Massage.

5. **Massage Therapy** is tailored to the client's needs and may be an integration of Swedish, Deep Tissue, Trigger Point Release, Myofascial Release, Shiatsu, AIS, MET (Muscle Energy Techniques,) Therapeutic Cupping, Gua Sha, Sports, and Hot Stone. Medical/Therapeutic/Orthopedic Massage includes all applicable massage and manual therapies.

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6. **Personal AIS Training/Coaching** are designed to help you resolve long-standing chronic pain issues that are the result of musculoskeletal deficiencies, joint overuse/underuse, work-related postural issues (i.e.: forward head and shoulders.) Fill out and sign: *Client Intake form;* Read and sign: *HIPAA* and *Fee Schedule, Clinic Policy and Waiver.*

7. **Group Classes and Pain Relief Workshops**. See Class Schedule. You must schedule your place in class in advance. Payment is due in advance or upon arrival. Sign Form: *Fee Schedule, Clinic Policy and Waiver*. Please bring your own yoga mat if you require a yoga mat.

General Service Policy:

By making an appointment, I agree that I understand that I may receive a massage therapy session for the purpose of maintaining optimal well-being and fitness. Lori Burton is a licensed massage therapist. She does not reject clients based on nationality, sex, sexual preference, age, or any other classification. However she does reserve the right to refuse service to anyone. She does not diagnose illness, disease, or other physical or mental disorders. She does not prescribe medical treatments or drugs.

The following statements are for all appointments: Payment of services rendered is due at the time of the appointment, or in advance. Privacy policy for all personal and medical information: The following statement meets the HIPAA privacy Regulation: Lori Burton will not release any client information to anyone other than the client without written permission from the client.

Please do not eat for at least one hour before your session time. Be sure and drink water before the session. Have some time to relax after the session. Drink plenty of pure water for the next two days. For Training/Coaching, Classes, AIS and Shiatsu Sessions, please have clothing to wear that you can move freely in, either tights, or loose-fitting.

Reservation Policy:
Payment is due at the time of reservation. Please be on time. Everyone's time is important. 24 hours' notice is required to change appointment time, unless you are having an emergency. Missed appointments may be charged at full rate. If you are late for your appointment, we will still have to end the session at the allotted time. If you want to qualify for one of our discounts, you must not have an outstanding balance with Lighthouse Massage

Cancellation policy:
To avoid being charged for missed appointments, I agree to give 24 hour notice of cancellation, barring any emergencies, should I need to cancel or change any future appointments.

Payment Policy:
Payment is due, including insurance co-pays, at the time of reservation or upon arrival. We accept all major credit and debit cards, cash, and check. For *Medical or Insurance-based Therapeutic Massage Therapy*, I agree to pay in the unlikely event my insurance company declines payment.

Waiver and Release of Liability for Lighthouse Massage/Burton BodiWerks

I hereby release Lori Burton and Lighthouse Massage/Burton BodiWerks from any liability for any claims now and in the future resulting from my participation in sessions, classes, and workshops with Lori Burton and Lighthouse Massage/Burton BodiWerks.

Signature: _____ **Date:** _____/_____/_____

Printed Name: _____

☐ Yes, I have read the Lighthouse Massage Fee Schedule, Clinic Policy and Waiver, and I agree to abide by it. Thank you!